

The Pyrenees with Barcelona tour

Accommodation

- 5 nights in Torla
- 1 night in Barcelona



Ordesa and Monte Perdido Park

Ordesa y Monte Perdido National Park is an IUCN Category II National Park situated in the Pyrenees of Huesca province, Aragon, Spain. There has been a National Park in the Ordesa Valley since 1918. Its protected area was enlarged in 1982 to cover the whole region amounting to 156.08 km². It has been included since 1997 by UNESCO in the Biosphere Reserve of Ordesa-Viñamala. In the same year it was included in the cross-border Pyrénées - Mont Perdu World Heritage Site. The park's territory includes the municipalities of Torla, Broto, Fanlo, Tella-Sin, Puértolas, and Bielsa.

FLORA: at elevations up to 1,500-1,700 meters, there are extensive forests of beeches (*Fagus sylvatica*), *Abies alba*, pines (*Pinus sylvestris*), oaks (*Quercus subpyrenaica*), and a lesser extent of birches (*Betula pendula*), ashes (*Fraxinus excelsior*), willows (*Salix angustifolia*). At higher elevations up to 2,000 m, the mountain pine (*Pinus uncinata*) dominates. Up to 1,800 m, bushes of boxwood (*Buxus sempervirens*) are found. In the high meadows from 1,700 to 3,000 meters, there are numerous endemisms including *Borderea pyrenaica*, *Campanula cochleariifolia*, *Ramonda myconi*, *Silene borderei*, *Androsace cylindrica*, *Pinguicula longifolia*, *Petrocoptis crassifolia*, etc. The Edelweiss (*Leontopodium alpinum*), is one of the symbols of the National Park.

FAUNA: the most important species of the Park was the bucardo or Pyrenean Ibex, which unfortunately became extinct in January 2000 in spite of the preservation efforts. The Pyrenean Chamois is a type of goat. There are other species such as the marmot, boar and the Pyrenean Desman or water-mole (*Galemys pyrenaicus*), and great birds like the golden eagle, the bearded vulture, the griffon vulture, hawks, and the royal owl.



Detailed program

Day 1

Arrival transfer at Barcelona airport. Transfer to the Pyrenees area, Torla.

An English-speaking assistance will be waiting for the group to greet them & make the connection between the group and the bus. Then the customers will continue with the driver until Torla.

Distance: 325km, about 4 1/4 hours driving distance.

Accommodation in Torla.

Day 2

Breakfast at the hotel.

Hiking Ordesa full day

Hike into Ordesa. This day we will hike from Torla into the National park over the Turieto path. First we will be able to walk over a fresh forest. There will appear three different viewpoints into nice and photogenic cascades. In over 2 hours we will arrive to " La pradera " hearth of the national park. Instead to the rythem and timming we will decide to keep on walking up next to arazas river or we will attemp the Faja Racon. Back to Torla over the same way.



Accommodation in Torla.

Day 3

Breakfast at the hotel.

Canyoning level 0

Canyoning (known as canyoneering in the U.S.) is traveling in canyons using a variety of techniques that may include other outdoor activities such as walking, scrambling, climbing, jumping, abseiling (rappelling), and swimming.

Although hiking down a canyon that is non-technical, (canyon hiking) is often referred to as canyoneering, the terms canyoning and canyoneering are more often associated with technical descents — those that require abseils (rappels) and ropework, technical climbing or down-climbing, technical jumps, and/or technical swims.

Canyoning is frequently done in remote and rugged settings and often requires navigational, route-finding and other wilderness travel skills.

Canyons that are ideal for canyoning are often cut into the bedrock stone, forming narrow gorges with numerous drops, beautifully sculpted walls, and sometimes spectacular

waterfalls. Most canyons are cut into limestone, sandstone, granite or basalt, though other rock types are found. Canyons can be very easy or extremely difficult, though emphasis in the sport is usually on aesthetics and fun rather than pure difficulty. A wide variety of canyoning routes are found throughout the world, and canyoning is enjoyed by people of all ages and skill levels.

Canyoning gear includes climbing hardware, static or semi-static ropes, helmets, wetsuits, and specially designed shoes, packs, and rope bags.

While canyoneers have used and adapted climbing, hiking, and river running gear for years, more and more specialized gear is invented and manufactured as canyoning popularity increases.



Accommodation in Torla.

Day 4

Breakfast at the hotel.

4x4 route + Walking, full day: 4x 4 route followed by a guided way till a lookout to sighting the bearded vulture and other local bird species.



Accommodation in Torla.

Day 5

Breakfast at the hotel.

Basic rafting activity.

Rafting and white water rafting are recreational outdoor activities which use an inflatable raft to navigate a river or other bodies of water. This is often done on whitewater or different degrees of rough water, and generally represents a new and challenging environment for participants. Dealing with risk and the need for teamwork is often a part of the experience. The development of this activity as a leisure sport has become popular since the mid-1970s, evolving from individuals paddling 10 feet (3.0 m) rafts with double-bladed paddles to multi-person rafts propelled by single-bladed paddles and steered by a tour guide at the stern. It is considered an extreme sport, and can be fatal. The International Rafting Federation (IRF) is the worldwide body which oversees all aspects of the sport.



Accommodation in Torla.

Day 6

Breakfast at the hotel.

Transfer to Barcelona and free time to enjoy the city.



Accommodation in Barcelona.

Day 7

Breakfast at the hotel.

Departure transfer to Barcelona airport.

The bus driver will pick the clients up at the hotel to take them to the airport.

Flight back home and end of our services.

Package inclusions

- ✓ 5 nights of accommodation and half board in Torla
- ✓ 5 picnic lunches for the activities
- ✓ 1 night of accommodation and breakfast, in hotel in Barcelona
- ✓ bus services: transfer Barcelona-Torla, Torla-Barcelona, and departure transfer Barcelona airport
- ✓ English-speaking guide for the following services: assistance at their arrival only at Barcelona airport to make the connection to the bus taking them to Torla
- ✓ Activities in Pyrenees specified in the program with English-speaking guide.
- ✓ local taxes

Improving Travel SL, CICMA 2350
Cif: B- 86467537
C/Juan de la Cierva nº 19, 3º C
Arganda del Rey, Madrid, CP 28500

Tel/Fax: 0034 91 87 00 582
info@improvingtravel.com

Tel/Fax: (0034) 91 87 00 582 info@improvingtravel.com www.improvingtravel.com



www.improvingtravel.com